



HEALTH AND SAFETY DATA SHEET

Product Valerian

Company details

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1. PRODUCT IDENTIFICATION

Label Name and Inci: Valerian (Valeriana officinalis)
Trade Name: Pure Essential Oil of Valerian

USE

For use in aromatherapy products and practice

2. FIRST AID MEASURES

Inhalation	Move from exposure into fresh air
Eye	Wash immediately with vegetable oil, obtain medical attention if redness persists
Skin	Wash with soap and water and seek medical attention if redness persists
Ingestion	Do not induce vomiting due to risk of aspiration. Seek medical attention.

4. COMPOSITION/INGREDIENTS

Essential oil of Valerian

5. FIRE FIGHTING MEASURES

Extinguishing media	CO2 foam
Special procedures	Use preferred extinguishing media and standard fire fighting procedures
Special fire and explosion	Use water spray to disperse
Hazards	Vapours

6. HEALTH HAZARDS

Keep concentrated material away from food stuffs.
Not normally considered to be hazardous if good handling practices / normal production procedures are adhered to

7. CHEMICAL AND PHYSICAL PROPERTIES

Physical state: Liquid
Flash point:
Specific gravity:
Refractive Index
Optical Rotation

8. ACCIDENTAL RELEASE AND DISPOSAL PRECAUTIONS

Remove ALL sources of ignition
Avoid high temperature
Provide sufficient ventilation
Place material and absorbent into sealed / closed containers
Dispose of in accordance with applicable regulations and laws

9. STORAGE

Keep cool and away from heat or direct sunlight
Normal storage conditions for volatile chemical products

10. OTHER INFORMATION

Keeping qualities: Over 36 months if stored as above
While the above is of a low order hazard, certain precautions should be taken when handling and storing the materials in bulk. The industrial rules of general hygiene and good housekeeping applying to any chemical should be at all times observed

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